# MENTENJAb Digital Support for Health Heroes

2025



### EVERY MINUTE, 3 **PEOPLE ATTEMPT** SUICIDE.

2 OUT OF 3 SAW A **DOCTOR IN THE LAST** MONTH-BUT FELL **THROUGH THE CRACKS** DUE TO:

#### **Poor Treatment Matching**

#### **Broken Follow-up**

or track progress.



#### tive Screening

- Screeners like PHQ-9 miss up to 30% of true cases and flag 60% false positives.
- Patients underreport. Providers rarely go deeper.

- 70% of mild cases get antidepressants—despite better outcomes with psychological interventions.
- PCPs lack time, training, and tools to choose the best path.

- After a positive screen, there's no system to ensure follow-up
- Referrals often lead to long waits or no care at all.



### Mentem.lab Mission and Vision

Our mission is to **reduce suicide rate** by empowering physicians to deliver better depression care. To build a future where **no patient falls through the cracks**—because every provider can spot depression early, personalize treatment, and stay connected between appointments.





### WHY NOW?

The urgency is rising. The infrastructure is ready. The market is exploding.

#### **Mental Health Crisis**

#### **AI Readiness**

- engagement and care efficiency.

#### **Massive Market Opportunity**

- \$84B today and \$151B by 2030

#### **Policy & Payment Momentum**

- better screening and follow-up

• Suicide rates are rising-yet 80% of depression care still happens in under-equipped primary care settings • 7/10 patients expect their PCP to provide mental health support

• Advances in AI, like lightweight and cost-efficient multimodal platforms, enable human-like reasoning and scalable solutions. • Proven success of AI in behavioural health, such as increased

• 56% of healthcare leaders plan to invest in AI in the next 3 years

• The behavioural health market is projected to reach

• **850.000** providers - pool of potential customers

• Mental Health Parity laws and new CPT codes incentivize

• Medicaid and commercial payers are expanding

reimbursement for digital behavioral tools

Whentem.lab

Al-powered, EMR-integratable platform that helps **non-mental health providers** to deliver personalized mental health care.





Add notes, add and modify treatment plan, schedule follow up

Last visit: March 28, 2025 Previous PHQ-9: self-assessed 12

Follow up assessment. Patient shows signs of severe dep and fatigue. Medication Adherence requires review - repo Treatment adherence requires review, reported low adher Relaxation. See recommended Suggestions in the treatme

Suicide Safety Planning

Medication Reminders You have 2 medications to track today () Due today

🕱 Share

Log Medications

These recommendations are based on your doctor's prescription. Complete them regularly to support your mental health iournev.

Hi there, I'm Gino, your virtual healthcare assistant. I'm here to check in on how you've been feeling lately. Before we begin the formal questionnaire, is there anything on your mind that you'd like to share or discuss?

I've been feeling a bit stressed lately due to stressful diverse presses

/pe your message...

0

Supported Treatment Decision Solution

More accurate. More human.

Chat Bot that replicates the work of a trained behavioural health worker.

- Built on PHQ-9, GAD-7, and C-SSRSevidence-based, widely adopted clinical tools.
- Adds contextual reasoning to improve accuracy and reduce false negatives
- Engages patients in natural conversation to elicit deeper insights

	Hi there, I'm Gino, your virtual healthcare assistant. I'm here to check in on how you've bee feeling lately. Before we begin the formal questionnaire, is there anything on your mind that you'd like to share or discuss?	
	I've been feeling a bit stressed lately due to stressful divorce process	JD
Туре	your message V c	8 1



Right care. Right person. Right momen

A recommendation engine that helps physicians provide care beyond the antidepressants prescription:

- Personalized treatment goal
- Personalized treatment path:
  - PCP-suitable CBT, behavioural activation, problem-solving, mindfulness or breathing technique
  - Matched digital mental health app
  - Therapists referrals based on zipcode, insurance, availability, approach and "personal vibes".
  - Lifestyle and self-care suggestions
- Triggers suicide prevention protocols when risk is detected



n	Asynchronous Care Solution
nt.	Closes the loop–automatically.
ies. Ds	<ul> <li>EHR integratabtle remote progress tracking, that ensures no patient falls through the cracks:</li> <li>Tracks medication adherence &amp; treatment adherence</li> <li>Monitors progress between visits</li> <li>Flags patients needing intervention</li> </ul>
6	Jane Doe         Patient ID: PT10023455   Age: 38         Diagnosis: Major Depressive Disorder, Anxiety         Treatment Adherence Summary
	Overall Adherence Treatments Tracked 3
	Treatment Details
	80% Adherence <b>Group Therapy</b> Weekly sessions with Dr. Smith
Match	Behavioural Activation 35% Adherence Daily activity scheduling

小 Progressive Muscle Relaxation

30% Adherence Evening stress reduction practice



### Behavioural Health Market Potential

	2023	\$83.78 B
TAM	2034	\$151.5 B
SAM		<b>\$1.4B</b>
SOM	(10%)	\$138 ML

		Digital Support for Health Heroes
Initial focus	Secondary focus	Approvimate Count
Number of Providers		<u>Approximate Count</u> 850,000
Clinics, Ambulatory Car Care	6,000	
Continuing Care Retiren	2,000	
Hospitals	6,000	
Home Health Agencies	11,000	
Nursing Homes	15,000	
Army and Veteran Healt	400	
Mental Health Apps	10,000	
Schools and Higher Edu	ication	121,087



## **BUSINESS MODEL**

or

We charge clinics a monthly subscription and optionally earn referral fees on matched care

## \$399/month

\$7/use

PER PHYSICIAN (basic tier subscription) **PAY-PER-PATIENT OPTION** 

(For clinics not on full subscription)

**Usage volume** ~57 patients/physician/month

\*ARR calculated based on monthly subscription revenue stream only



### \$2M ARR\*

#### **PROJECTED REVENUE**

(Assuming 500 providers onboarded by 2027)

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#### **Referral partners**

Optional 10–15% commission on successful matches



#### **Financial Projections**

The financial projections are based on strategic assumptions that align with the mission of addressing critical gaps in mental health care using AI-powered solutions. The model assumes that each patient interacts with the chatbot 50 times per month at a cost of \$0.03 per interaction in 2026, with operational efficiencies reducing this cost to \$0.02 in 2028 and \$0.01 in 2029. By 2030, the forecast anticipates capturing 10% of U.S. healthcare providers, each managing an average caseload of 2,500 patients, with 20% of those patients experiencing mental health challenges. These assumptions reflect a focus on scalability and cost-effectiveness, supported by early investments in R&D, compliance, and marketing. The financials also project a transition from initial operating losses to profitability by 2028, driven by increasing adoption, reduced costs, and enhanced gross margins of up to 46% by 2030. This trajectory aligns with the broader behavioral health market's growth, which is expected to reach \$151.5 billion by 2034, highlighting the platform's significant market potential and transformative impact.

	2026	2027	2028	2029	2030
# Providers	67	541	4821	21300	48,431
Avg number of patients	45	179	230	395	430
Revenue	\$320,796	\$2,590,308	\$ 23,082,948	\$101,984,400	\$231,887,628
COSS	\$54,270	\$1,743,102	\$ 13,305,960	\$ 50,481,000	\$ 124,951,980
Gross margin	83%	33%	42%	51%	46%
SG&A	\$ 250,000	\$ 500,000	\$ 2,500,000	\$ 20,000,000	\$ 40,000,000
Research & Development	\$ 750,000	\$ 1,000,000	\$ 5,000,000	\$ 6,000,000	\$ 7,000,000
Net Income	\$ (733,474)	\$ (652,794)	\$ 2,276,988	\$ 25,503,400	\$ 59,935,648

#### **Core Team**



**Nicolas Picon** MBA UW, **Operations Lead** 



**Marina Zub** Co-founder Mentem.lab Technology & Leadership MSIS UW



Dr. David Luxton Co-founder Mentem.lab Licensed clinical psychologist, affiliate professor at department of psychiatry and behavioural health at UW.

### **Advisors**



**Dr. Bettina Paek OBGYN** Clinician, Seattle Children's Hospital



Dr. Amandeep Singh Assistant Professor of Information Systems at UW



Dr. Jessica L. Whitfield

MD., MPH at the Outpatient Psychiatry Clinic at UWMC-Roosevelt



**Suresh Lalapek** 

MSIS UW, Technical Lead with 15 years full-stack experience in Medical Technology



Alice Lee MS HCDE UW, UX Lead





Dr. Larry M. Wright PhD, COO at **Forefront Suicide** Prevention.



**Andrew Williams** 

**VP of Operations** at Coalfire

# Pathways



### Unique Differentiation

Pulse is personalized, closedloop system, grounded in realworld workflows and validated science.

Personalized Care Navigation includes "vibe," availability, insurance, therapy style

> **Personalization of** therapy approach

**Basic Therapists Matching** 

Basic Capabilities

What Some Other Offer

**Automated screening** 

**Employer focused** 

**PCP-Compatible Therapy Modules** 

> Follow-up and remote checkins synchronization with EHR

**Supports CPT Reimbursement Codes** 

**Telehealth integration** 

**Mental Health education** 

# Company Status

Status	Funding Status		
Idea Validation/Prototype. Founded in July, 2024 LLC.	UW prototype funding recipient AWS start up initial credits SBIR, NSF grants application in progress		
Pil			
	eattle Children's Hospital JW Husky Health Center	70+ : PCP, RNs and researcl	

#### **Key Achievements**

UW Hollomon Health Innovation Challenge – semi-finalist UW Suicide Care Research Center program semi-finalist Founders Institute – participant of Spring 2025 cohort i-Corps Certificate (Spring 2025) Social Venture Plan Competition (SPU), 2025 Al Ignite Regional Pitch Battle - 1<sup>st</sup> place, 2025

#### **Interviews Conducted**

nd speciality care, behavioural health practitioners and rchers, clinics executives and leaderships.



## OUR ASK

### Every dollar shortens the time it takes to get life-saving support into the hands of the providers who need it.

### Fuel Validation and Market Readiness

Use of Funds	Current Roadblock	Bootstrapping Scenario	With Accelerated Scenario (\$750K-\$1M)	Unlimited Funding (Moonshot)
Pilot Launch & Validation	Limited access and influence in medical field to run pilot projects	<b>2–3</b> clinics in 6–9 months	<b>4–5 clinics</b> in 4–6 months	50–100 clinics + 3 health systems across 10 states within 6 months
Engineering & Product Readiness	Engineering and integration timelines delay	Core MVP + manual follow-up workflow	Fully integrated with EHR + AI-driven adherence tracking	<b>Enterprise-grade AI platform</b> : NLP-powered voice agent, emotion detection, real-time EHR sync, SMART on FHIR embedded
Research & Reimbursement Alignmen	Need to conduct research to validate outcomes and payer alignment	Publishable validation study + reimbursement pathway mapped (CPT)	2 studies + payor-facing ROI pack in 9 months	<b>Largest proactive suicide prevention trial;</b> CPT application + CMS fast track for preventive reimbursement
GTM & Conversion Readiness		<b>Convert 1 pilot</b> to paid by Month 15	<b>Convert 2+ pilots</b> by Month 12	National payer partnership + enterprise contracts; 15-person GTM team; channel resellers in 5 major regions
Revenue Target		<b>\$100K ARR</b> by Month 20	<b>\$250K ARR</b> by Month 18	<b>\$10M+ ARR by Month 24</b> through payer bundles, PMPM deals, value-based care alignment, and academic licensining

### GTM

#### Phase 0 Ideation





- Initial prototype fundings (AWS credits, UW prototype funds)
- 70+ exploratory interviews
- UW i-Corps, Holloman Innovation Challenge, SVP Competition (SPU), Founders Institute accelerator, SCRC, Al Ignite Pitch Battle

#### Phase 1 MVP 1-6 months



- Launch 2-3 Pilot programs
- Secure grant funding (e.g. SBIR, NFS)
- Rapid product iterations with a consistent feedback loop.

#### Phase 2 Validate 6 - 12 months



- Publish case studies
- Validate CPT reimbursement
- Explore EMR integration
- Conduct clinical trials or studies to validate the device's safety and effectiveness.

### Phase 3

Convert **13 - 20 months** 



- Convert our early customers to paying customers
- Reach 67 PCP paying customers
- Start the regulatory path with the FDA

#### Phase 4

Growth 21+ months



- Expand to healthcare networks & reach 500
   PCPs served
- Integration with multiple EMRs
- Expanding into other markets such as corporate or education wellbeing

## MENTEM.Jab Digital Support for Health Heroes

### **Contact:**

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# Appendix



## **REVENUE STREAMS**

#### **Base Package**

- Conversational screening + suicide risk assessment
- Care gap detection + provider alerts
- Analytics dashboard (PCPs, care managers, or health plan)

#### \$399/month/provider

#### Add-on Service

- API/EMR Integration \$5,000 one-time setup
- Clinical Reporting Package - \$0.50 PMPM

#### **Referral Revenue 10–15%**

- Commission from referrals to specialists
- Commission from referrals to apps and services
- Commission from pharmacies

#### **CPT reimbursement**

- Screening %
- Care coordination %
- MH education %



## UNIT ECONOMICS

Metric	
Cost per user (CPU)	~\$40/month (cloud, s
ARPU	
LTV (avg 3-year clinic)	
CAC (per clinic)	~\$1,200 (B2B s
Payback period	3–6 mont

support, usage-based LLM/API costs)

~\$4788

~\$7,164-\$14,364

sales outreach + pilot support)

nths (based on starter tier)



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